Welcoming Guidelines for Erasmus Students



incoming@unibg.it

via San Bernardino 72/e Bergamo

SERVICES and FACILITIES



WELCOME DESKS FEBRUARY

- HUMANITIES CAMPUS VIA PIGNOLO, 123 (from the main entrance entering the courtyard on the right) from 12 to 16 → 08.45 am - 2 pm
- ECONOMICS AND LAW CAMPUS VIA DEI CANIANA, 2 (hall, ground floor) from 18 to 29 → 9.00 am - 1 pm / 2.00 pm - 4 pm

MARCH

• VIRTUAL DESK (TEAMS) Monday, Wednesday and Friday \rightarrow 10 am - 12 am (by appointment)



ERASMUS TUTORS

We are **Chiara**, **Desirè** and **Donatella**

Students like you with international experience!

In addition to the information desks, we will be available for information and help about Unibg services (libraries, canteen, post office, print center...) through this email address:

erasmus.tutor@unibg.it



US CARD - University Student Card

With your US CARD you can:

- Use laboratories and computers
- Borrow books from the University Libraries
- Take photocopies and scan your documents (print centers)
- Use the CCL material (Centro Competenze lingue)
- Have discounts in the University canteens



IT'S NOT A DEBIT CARD!



LIBRARIES

There are three libraries in our University:

- Humanities Library (Sant'Agostino)
- Economics and Law Library (Caniana)
- Engineering Library (Dalmine)

OPENING HOURS: From Monday to Friday 8 a.m. - 7.30 p.m.



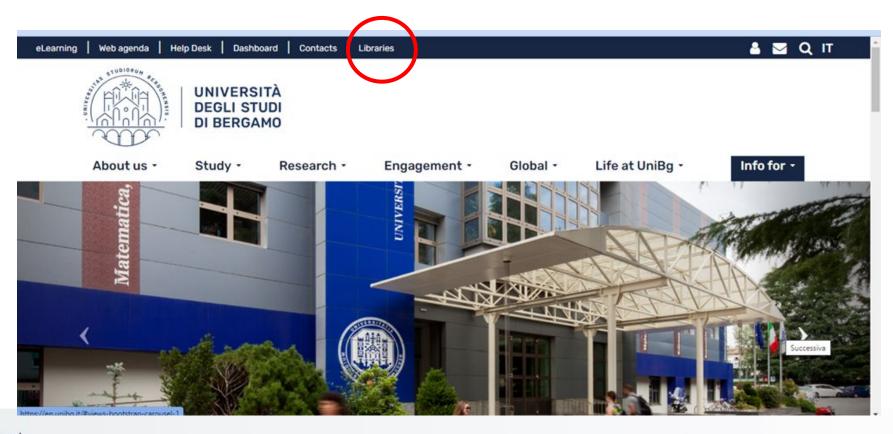


ONLINE LIBRARY





Click on Libraries (Biblioteche) from the University website home





PRINT CENTER

Printing and photocopying documents with assistance

- Caniana (under the canteen)
 From Monday to Friday, 9 am 5 pm tel. 035-2052555
- S. Agostino

Monday/Wednesday/Friday, 10 am - 12 am tel. 0352052906

• Dalmine

Tuesday/Thursday, 10 am -12 am tel. 0352052079







DINING SERVICES

- ECONOMICS AND LAW CAMPUS via Caniana, 2 Bergamo
 From Monday to Friday, 11.50 am 2.10 pm / Saturday, 12 am 1 pm
- HUMANITIES CAMPUS via S. Lorenzo, 11 Bergamo From Monday to Friday, 11.50 am - 2.10 pm
- ENGINEERING CAMPUS via Pasubio, 7 Dalmine From Monday to Friday, 11.50 am - 2.10 pm

FRESH & NATURAL APP: you can reserve your meal for takeaway (by 10 am)



DINING SERVICES - <u>ERASMUS STUDENTS</u>

- You are entitled to a <u>48,10% discount</u> on meals in the canteens **only** if you present your US card (there are no discounts at the Cafeteria in Via Pignolo)
- Without the US card you can inform the canteen staff that you are UNIBG students and get a <u>20% discount</u>

If the US card does not work please **alert the International office:** <u>erasmus.exchange@unibg.it</u>

You can upload money onto the card but money uploaded for the canteen cannot be used for the print center and vice versa



UNIVERSITY CAFETERIA

HUMANITIES CAMPUS (Pignolo)

From Monday to Friday, 8:00 am – 5:00 pm / Saturday, 8:30 am – 12:00 pm (no discounts applied for Erasmus students)





ACCOMMODATION SERVICE

The Accommodation Service offers fully furnished flats, located near the University (Bergamo and Dalmine).

University residences are not available for Erasmus students

Contact information

E-mail: accommodation.service@unibg.it Telephone - Whatsapp: +39 329 6836882 Address: Via Moroni, 255, 24127, Bergamo

Opening hours

Monday and Wednesday: 08.30 am - 10.30 am Tuesday and Thursday: 3.30 pm - 5.30 pm







PSYCHOLOGICAL COUNSELLING SERVICE → <u>WEBPAGE</u> For information contact: <u>counseling.psicologico@unibg.it</u>

The service will provide you with:

- Italian or English sessions;
- Online or in presence meetings.



CUS – University Sports Center

FITNESS CENTER - Via Verdi 56, Dalmine Monday to Friday 7 am – 10.30 pm Saturday 9 am – 5 pm / Sunday 9 am – 1 pm

33 types of classes (Monday to Saturday) <u>Free membership for Unibg students!</u> (self-certification required)

To get your CUS membership, sports medical examination and other information use the following contacts

Telephone: 035 372819

Email: cus@unibg.it







CUS BERGAMO

Guardia di Finanza Academy FACILITY - Via XXIV maggio, Bergamo

SWIMMING: Tuesday and Thursday 8 pm - 9 pm or Monday 9 pm - 10 pm
AIKIDO: Monday 8 pm -10 pm and Saturdays 3 pm - 5 pm
ATHLETICS: Tuesday 7 pm - 8 pm
KARATE AND KRAV MAGA: Wednesday and Friday 8.30 pm - 10 pm
KICKBOXING AND SELF-DEFENSE: Wednesday and Friday 7 pm - 8.30 pm
BOXING AND MUAY THAI: Tuesday and Thursday 8.15 pm - 9.30 pm

To access the facility you will need to **send your ID one week in advance** and book your class! For more information regarding access, CUS membership etc. use the following contact: **rossella.giassi@cusbergamo.it**



TRANSPORTATION services in Bergamo

The University of Bergamo signed an agreement with public transportation services: Erasmus students can have a **discounted MONTHLY travel card** provided by ATB.

- $24 \in \rightarrow \text{Bergamo}$
- $31 \in \rightarrow$ Dalmine

Students are required to download a the self-declaration (autocertificazione) from the dashboard (sportello studenti) and submit it along with the identity/card or passport to the office





WHERE TO BUY THE MONTHLY PASS

ATB POINT

Largo Porta Nuova, 16 Bergamo Telephone: 035 236026



BOOK YOUR APPOINTMENT AND SKIP THE LINE!

Just connect to the link, select the office and the service, and choose the day and times from those available. You will receive a confirmation email with your booking number





BORROW A BIKE

The new bike sharing service La BiGi powered by Nextbike

To use the service register at <u>LA BIGI</u> and download the nextbike app

 $10 \in \rightarrow$ one month $40 \in \rightarrow$ one year

ATB POINT

Largo Porta Nuova, 16 Bergamo Telephone: 035 236026





HEALTH INSURANCE

- **EU STUDENTS** should bring their **European Health Insurance Card** If you are a European student and have private insurance please check the conditions to use it in Italy!
- Non-EU STUDENTS MUST have a health insurance valid for the whole mobility duration(Please purchase it in advance) Having a health insurance is a requirement in order for the student to get the Visa and it is also mandatory to request the Resident Permit.



EUROPEAN HEALTH INSURANCE CARD (TEAM Card in italian)

The EHIC gives you access to the National Health Service for "urgently needed medical treatments" during temporary stay.

To obtain said services, you can go directly to a doctor or a public or affiliated health facility and show your EHIC card. The assistance is direct and therefore nothing is due, except for the payment of a contribution (called "ticket") which is at your expense and is non-refundable.



The EHIC does not cover the cost of private medical treatments.



EUROPEAN HEALTH INSURANCE CARD General Practitioner

If you need medical assistance you can go for free to any **General Practitioner** (GP – in Italian "*Medico di Medicina Generale*" or "*Medico di base*")



Type 'Bergamo' in the right-hand search bar

The International office can give you further information about English or French speaking GPs please write to <u>incoming@unibg.it</u>



EMERGENCY NUMBERS

PHONE NUMBER: 112

Free and Active in Italy 24/7

For any emergency that requires an **ambulance**,

fire department, or police response

APP '112 WHERE ARE U'

PHONE NUMBER: 116 117

Free and active from Monday to Friday 8 pm to 8 am / Holidays and pre-holidays 24 Call if you seek

- Non-urgent health care, services or advice
- Consultation of a doctor of continuity of assistance
- Access to the Tourist Medical Guard







POST OFFICE

CENTRAL POST OFFICE

Via Antonio Locatelli, 11 Bergamo

Office Hours: Monday to Friday 08.15 am – 7 pm Saturday 08.15 am – 12:30 pm





AEGEE & ESN Bergamo

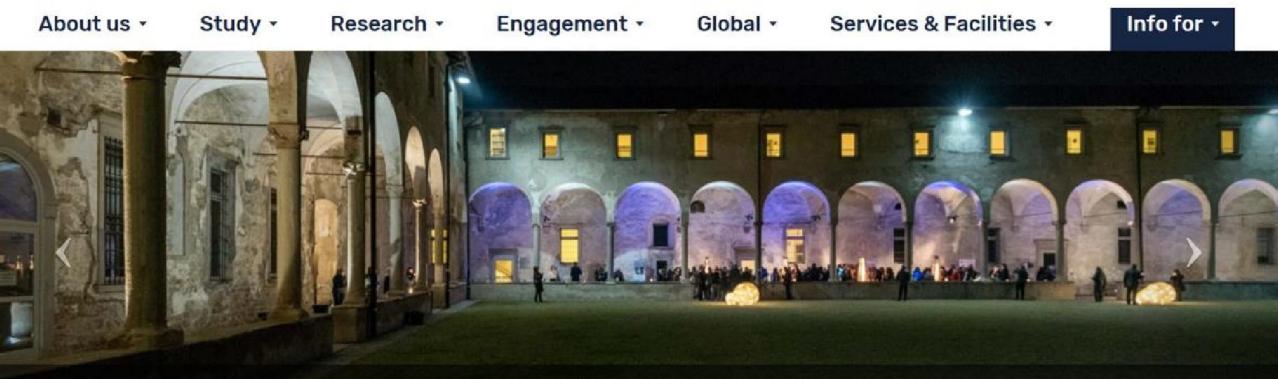
- AEGEE & ESN are students associations which support exchange and integration among students with different nationalities
- They organise cultural and social events with the aim of promoting intercultural experience and cooperation











For more information \rightarrow <u>UNIBG WEBPAGE</u>



ENJOY BERGAMO!

